**Kelso Public School Summer Menu**

### Recess

*Available all day over the counter*

- Fresh whole fruit ....................................... 50c
- Fresh fruit cup (seasonal fruit) ..................... $1.50
- Fresh Salad cups (seasonal salad) ............... $1.50
- Fresh baked fruit muffins (varieties vary) ....... 50c
- Fresh made pikelets x2 .............................. 50c
- Sao x2 with vegemite or cheese and tomato .... 50c
- Popcorn bags (air popped) ......................... 50c
- Jelly (sugar free) fruit cups ......................... 80c
- Jelly (sugar free) custard cups .................... 80c
- ½ Finger bun ........................................... $1.00
- Red Rock chip varieties ......................... $1.40
- Reduced fat yoghurt varieties .................... $1.00

### Drinks

- Water .................................................. $1.20
- Milk Cup & Sipahh Straw ....................... $2.00
- Juice boxes (99-100% juice) ................... $1.20

### Frozen Treats

- Paddle Pops (Choc, Banana or rainbow) .......... $2.00
- Lemonade Ice blocks .............................. $1.20
- Zoopa Doopa/Fruit Ices ......................... 50c
- Slushies .................................................. $2.00
**Sandwiches**

Made fresh to order on wholemeal bread
wraps and rolls available at extra cost 50c

- Vegemite……………………………………………………………. $1.00
- Cheese………………………………………………………………. $1.20
- Ham, cheese & Tomato…………………………………………. $3.00
- Ham & Cheese…………………………………………………….. $2.50
- Chicken, Lettuce & Mayo………………………………………. $3.50
- Egg Salad (Egg, mayo & Lettuce) ……………………………… $3.00
- Salad (lettuce, tomato, beetroot, cucumber, carrot) ...... $3.00
- Salad & Ham or Chicken……………………………………….. $3.50

Add any additional topping for 50c each
Want it toasted? That’s free

- Salad bowls: Lettuce, cherry tomato, carrot, beetroot, cucumber, cheese, 1 slice of bread (add boiled egg, ham, chicken or pineapple 50c extra) …………………….. $3.50

**Hot Food**

- Fresh Chicken Schnitzel Burger ………………………………. $4.00
  (with lettuce & mayo)
- BLT Burger ………………………………………………………… $4.00
- Lean Beef Burger………………………………………………. $4.00
  (Fresh patty, lettuce, cheese, tomato & Sauce)
- Lean Beef Cheese Burger……………………………………… $3.50
- Fresh made Lasagne………………………………………….. $3.50
- Fresh Spaghetti Bolognese…………………………………… $3.50
- Fresh Pasta Carbonara………………………………………… $3.50
  (creamy white sauce with bacon and onion served on penne)
- Fresh Macaroni & Cheese……………………………………… $3.00
- Fresh Pizza rounds ……………………………………………… $3.50
  (choice of Hawaiian or ham and cheese or cheese)

**From the Freezer**

- Beef Pie & Sauce………………………………………………… $3.50
- Sausage roll & Sauce………………………………………… $3.00
- Chicken Nuggets (limit 6) ……………………………………… $3.00

Canteen will be open every Tuesday and Thursday
Orders must be in the box at the front office by 9.30 am on those days
Lunch bags are 10c each if not supplied with order

Don’t forget to put your child’s name and class on their order

We welcome any fun friendly people to help out for an hour or few once or twice a term. If that’s you please see Kris & Dan in the Canteen

Lunch items are order only before 9.30am