Principal’s Message

Dear Parents,

Champion Runner at Cross Country
I talked with you last week about our young star runner Melissa Barnett, well I am very proud today to share with you her success at the Western Region Cross Country Championships at Eastern Creek last Friday. Melissa is a very determined and focused girl and it is this combined with a positive attitude that saw her run the 2km course and come an amazing 2nd in her age group. As a result Melissa will now go on to compete and represent N.S.W. at the National Championships in Adelaide in August. What a fantastic effort Melissa! Congratulations, we are all so proud of you.

Sports Knockouts
Since our last newsletter our girls soccer team have been up against Eglinton in a drawn out tough battle. At full time the result was nil all and our girls had played superbly. This resulted in extra time with Eglinton managing to score two goals. This may not of been a win but it was an excellent result and something to be proud of.

Additionally our boys touch football team have also had their match. Typically of Kelso kids they ran onto the field and were ready and raring to do their absolute best. The boys held their positions, ran hard and talked well to each other putting up a great fight. At the final whistle they came off heads held high and pleased with their efforts despite not winning. Congratulations boys, you too should be proud of yourselves.

Education Week
Next week is Education Week however our school has the senior children on the Canberra Excursion, so we will celebrate in week 4 on the Tuesday. Details are on page 4 of this newsletter.

Lance Cooper
Principal

Don’t Forget . . .
Final Payment for Canberra Excursion.

Future Events
Term 3
Mon 30 July  Education Week
Wed 1 Aug  Canberra Excursion
Wed 1 Aug  Stamp out Bullying Show
Mon 6 Aug  Kelso Educ. Week Activities
Fri 10 Aug  District Athletics Carnival
Headlice and Measles

We have had several reports of head-lice. It is very important that you check your child’s hair regularly for nits. Should your child have them, it is your responsibility to treat them effectively. Remember simply washing hair with regular shampoo is not adequate. Regular combing using WHITE CONDITIONER will help to minimize the risk of head lice multiplying. Children found to have nits will have their family contacted and please consider that repeat infestations or failure to treat them should be considered as neglect.

We have also had a suspected case of measles. Early symptoms to look for are fever, runny nose, tired, cough, sore red eyes and feeling unwell. A few days later a rash appears, starting on the face and spreading down the body. The rash can last for 4-7 days. Complications can include ear infections, diarrhoea and pneumonia. If measles is suspected a blood test, and throat, nose and urine samples will be taken to confirm the diagnosis. While a person is infectious it is important that he/she remain home to reduce the possibility of spreading the infection.

PSSA Girls’ Soccer

This year we were overwhelmed with talented, enthusiastic girls signing up for soccer. We had a total of 21 girls however we were only allowed to take 15 with us on the day. Kelso looked very professional entering the field against Eglinton and stood out in the way that they held their positions, used each other as a team and played in a sports-woman like way. I was incredibly proud of all of the girls as they continued to play a strong defensive game, keeping the ball near our goal for most of the game. We saw some awesome efforts from everyone including Anna with her strong defence on the back line, constant interference from Jodi and a near goal from Isobel. At full time the score was 0-0 and the game went into overtime. Unfortunately Eglinton scored 2 goals in that time ending the game on 0-2. I am so very proud of all of our girls who were such a pleasure to take out on Friday and conducted themselves in a true “Kelso” manner displaying the High Fives at all times. Thank you also to the girls that weren’t able to compete on the day but committed themselves diligently to training after school each week. I’m sure we will be a force on the field next year!

Natalie Beattie

Boys Softball Report

Last Wednesday the boy’s softball team travelled to Orange. They had trained very hard, some even coming up throughout their holidays to practise. Unfortunately the boys won only one game but they were very competitive and skilful for such an inexperienced team. The boys won against Bowen Public and this lifted their spirits tenfold. There was some great batting and some excellent catches. The more experienced players such as Dominic Makhoul, Damien Makhoul, and CJ Lowe-McKenzie helped out the whole team and there was lots of good sportsmanship and support for each other. Sean Halloran hit the only ball from a very fast pitcher and Scott Barwick did an excellent job in the catcher position. The boys conducted themselves admirably and made everyone who was present very proud of our school. A huge thank you to parents Amanda Frogson, Allison Croucher, Ben Bignell, Belynda Barwick for driving the boys up to the venue and helping on the day. We look forward to becoming a stronger force in softball! Well done boys!

Mrs Holden-Coach

Touch Knockout

On Monday the boys Touch team played Raglan at Learmonth Park. The boys and Abbey have trained very hard over the past Term but came up against a very fast and skilful Raglan team. Even though we lost convincingly the team are to be commended for their great sportsmanship and never give up attitude. It has been a pleasure coaching them. Congratulations to Abbey Creek, Cameron Hicks, Kai Merlino-Horn, Jai Mobbs, Joshua Hancott, Tyson Tweeddale, Zac Glover, Angus Baker, Logan Cunyngham and Jamie Nickolson.
This year we will be celebrating **Education Week** on **Tuesday 7th August 2012**.

Parents and community members are invited to attend the following activities.

- **11.35-12.00 noon**  Open classrooms
- **12.00-1.00pm**  Assembly in school Hall
- **1.00-1.30pm**  Picnic lunch in Courtyard
- **1.35-3.15pm**  Kelso Mini Olympics

**SILVER LEVEL STUDENTS**  from Term 2 Week 10

Crystal Wyllie  Koster Murphy  Isabella Moloney  Michael Manyweathers
Hailey Gillette  Noah Evans  Mathew McIntee  Erica McKee
Bailey Fraser  Lara Macleod  Josh Hancock  Jennifer Brown
Jeremy Child  Cameron Hicks  Sean Halloran  Kiara Walpole
Shaun Paine  Maddison McKellar  Jason Corner  Mhammad Rashwani
Nicholas Bosma  Angus Baker  Shayde Knight  Jodi McFadyen
Tyson Tweeddale  Yolianda Merz  Larissa Benham  Cally Poxon
Kai Merlino-Horn  Jake Callaghan  Mickayla Lyons  Xavier Albon
Tracey Hunt  Kate-Lyn Cole  Benjamin Kelly  Poorsha McPhilamy
Amber Bennett  Nakeisha Hurt  Chloe Eacott  Tahlia Spears

**BRONZE LEVEL STUDENTS**  from Term 2 Week 10

Ryan Wheeler  Jaxon Day  Tara Trindall  Kyle Carter
Jayden Thornbury  Kayne McKeown  Chloe-Lee Marlin  Jayden Johnson
Abbey Creek  Zachary Glover  Jicarrah Lucas  Connor Evans
Jack Patterson  Tanisha Johnson

Come along and celebrate Education Week with your children.

To prepare for our Kelso Mini Olympics we need to borrow small tricycles or “dinky” bikes and pairs of flippers.

If you can assist please contact your child’s class teacher.

Thankyou.
SMART START—KINDER TRANSITION
Smart Start Transition for children starting Kindergarten in 2013 will commence on Thursday 30th August between 9.30am and 11.15am. The program will run for 10 weeks on the same day and times. Parents are to remain with their child during Smartstart. If your child begins school next year please collect an enrolment form from the front office and return it as soon as possible.

In this group you can share ideas about being a parent, learn skills to help manage your children’s behaviour, learn about children’s development and chat to other parents in a supportive environment.

**DATES:** Tuesdays 28th Aug, 4th Sept, 11th Sept, 18th Sept

**TIME:** 6.30 – 8.30pm

**WHERE:** Bathurst Family Relationship Centre, 91 Seymour St, Bathurst

**CONTACT:** 6333 8888 Bookings Essential

**COST:** $10 or a contribution you can afford

AUSTSWIM: TEACHER OF SWIMMING & WATER SAFETY

The AUSTSWIM Teacher of Swimming and Water Safety Award provides candidates with the skills to teach swimming and water safety to persons from four years of age. This course is the industry standard for Learn to Swim Instructors.

**Where:** Bathurst Aquatic Centre  
**When:** Saturday 11th & Sunday 12th August 2012; 8.30am to 5.30pm both days.  
**Cost:** $383

Pre-requisites: Candidates may enrol at 16 years of age but will not be eligible for the award until they are 17 years of age.

Assessments: On the course: Practically perform the following aquatic sequence: Enter the water with an appropriate feet first entry – Float/scull/tread water for 1 – 1½ minutes – Fully submerge and swim underwater for 2 – 5 metres then resurface – Swim 20 – 25m on front with face in the water (displaying comfortable breathing technique) – Rotate/roll onto back – Swim 20 – 25m on back – Safely exit the water.

Afterwards: Theory exam, on-the-job supervised teaching experience followed by competency assessment. Candidates are also required to hold a valid CPR award.

(You can gain this on the course using our CPR in a Box kit - enquire when you enrol!)

Enrolment form and course fee must be received at least one week prior to the course commencing.

Royal Life Saving, PO Box 313, Orange NSW 2800  
Ph: 02 6369 0679 Fax: 02 6362 3264 Email: western@royalsw.com.au

**Active After School Communities – Term 3 2012**

Active After School Communities (AASC) is a free sports program, aimed at getting children involved in sport and developing their fitness and skills through fun games. No prior experience is needed and we encourage children of all ability levels to come along and get involved.

This term we are focussing on **CYCLING** and **AFL**, but will be incorporating other games and sports into the program, depending on the availability of coaches. AASC will run on Monday and Tuesday afternoons, from 3.15pm to 4.30pm. Parents/carers need to pick up their children on the top oval promptly at 4.30pm. Students who walk will be dismissed at this time. Students need to be actively involved for the duration of the session and a healthy afternoon tea is provided. Please complete the attached note and return to Ms Hall or Ms Daymond and we’ll see you at AASC, commencing week 3 (30/7/2012).

I give my child/children permission to attend Active After School Communities on MONDAY and/or TUESDAY afternoons (please circle).

Signed:  
Name:  
Contact Telephone Number:  

Please circle - My child/children will be WALKING HOME or PICKED UP at 4.30pm.